

Program Sustainability

Workbook





California's link to quality After School Assistance Providers

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I. Introduction

Sustainability*

What keeps effective programs sustained over time? Believe it or not, it takes more than just money! The Sustainability Framework identifies a set of organizational and contextual elements that can help build the *capacity* for sustaining a program.¹

Sustainability depends on developing a clear plan for putting in place and keeping in place the key elements that make an initiative successful. It inevitably requires a balance of funding and an array of elements listed in the framework below. It requires building relationships with key stakeholders that can broker resources as well as become champions for the program. Figuring out what resources are needed and how to rationalize them is what sustainability planning is all about.²

Good sustainability plans help the developers of promising programs and initiatives clarify where they are and where they want to go. They help policy makers, opinion leaders, and investors decide how and why to get on board. They help key audiences understand what the initiative is and why it is needed. A good sustainability plan is a roadmap that will help all stakeholders successfully reach their goals.²

Sustainability planning should be done throughout the life of an initiative. A sustainability plan works best when it is used and reviewed on a continual basis.²



*Adapted and modified from the Finance Project Framework

¹ Center for Public Health Systems Science. *The Program Sustainability Assessment Tool*, copyright 2012, Washington University, St .Louis, MO

² The Finance Project. Sustainability Planning Workbook. Washington, DC: The Finance Project Publisher, 2003

Key Elements Overview*

Vision

Having a clear picture of what you want to sustain, which starts with clearly articulating what you want to achieve through your work and then clearly identifying the strategies and activities that will get you there.

Results Orientation

Defining "success" for your initiative; measuring your progress over time; and adjusting your work, based on what you learn.

Strategic Financing Orientation

Projecting the resources you will need and systematically developing a variety of financing strategies and funding sources to provide a stable base of resources over time.

Broad-Based Community Support

Strategically considering whose support you need and developing appropriate outreach efforts and vehicles for community involvement in your initiative.

Key Champions

Rallying leaders from business, faith-based institutions, government, and other parts of the community and persuading them to use their power and influence to generate support for your initiative.

Adaptability to Changing Conditions

Being proactive in the policy environment and adjusting to changing social, economic, and political trends in the community.

Strong Internal Systems

Building strong systems and structures, such as fiscal management, information, personnel, and governance.

Marketing and Communications

Creating a written plan that can be used to manage and market your work.

*Adapted and modified from the Finance Project Framework

III. Action Plans for Priority Elements

A. Self-Assessment

INSTRUCTIONS:

- 1. Please complete the Finance Project's Self-Assessment Tool (pp. 6-14)
- 2. Review the results from the Self-Assessment Tool to support Step III-B. Use your data to describe/highlight areas of strength and areas of need for each of the sustainability elements (Step III-B).

Please refer to the "key elements" document and discussions you may have had with those responsible for the sustainability plan.

Vision											
The initiative's leaders know what they want to sustain.											
	1	2	3	4	5	Comments					
A. The initiative's leaders have developed a clear vision for their work.											
B. The initiative's leaders have developed a process to determine what is to be sustained, and by whom.											
C. The initiative's leaders have decided what they want to sustain (for example, a formal entity, a process, a service, a particular practice, a method of operation).											
D. The initiative's leaders have analyzed and can articulate how the initiative fits (or would like to fit) within the larger community.											
E. The initiative's leaders have analyzed and can articulate how the initiative complements, yet is distinguishable from, other initiatives.											



Rank your progress on each of these tasks according to a five-point scale that assesses whether the initiative's leaders:

Results Orientation

The initiative incorporates processes to establish and track performance and process measures. The initiative's leaders use that information to improve their work over time.

	1_	2	3	4	5	Comments
A. The initiative has an accepted "theory of						
change" and logic model that shows how its						
work fits into a range of state and						
community efforts to improve the lives of						
children and families.						
B. The initiative's leaders have identified						
and use indicators ³ and performance						
measures to track the performance of their						
own work.						
C. The initiative uses indicators and						
performance measures to plan its work and						
budget its resources.						
D. The initiative's leaders examine data on						
these measures (including input from						
clients, parents, or both) to find ideas for						
ways to improve service design and delivery.						
E. The initiative's leaders implement these						
ideas, including changing or discontinuing						
initiatives as necessary.						
F. The initiative's staff and board						
collaborate with other initiatives that are						
pursuing improvements in community-wide						
indicators that relate to the initiative's work.						

Rank your progress on each of these tasks according to a five-point scale that assesses whether the initiative's leaders:



1 = Have not started this task3 = Have begun to implement this task

2 = Have started initial conceptual and planning work

mplement this task 4 = Have made solid progress in implementing this task
 5 = Have made sufficient progress in completing this task

³ In this tool, indicators are defined as measures of change in child and family well-being across an entire community. Performance measures track changes in child and family well-being among specific target populations served by an initiative, program, or individual; or the level of activity or quality of a specific service. Most initiatives would use performance measures to track their own work; they would use indicators to see how they contribute to community-wide efforts.

Strategic Financing Orientation

The initiative's leaders have identified a variety of financing strategies that could support the initiative. The initiative has a plan to pursue those strategies and is following that plan.

	1	2	3	4	5	Comments
A. The initiative's leaders know how much funding is needed to sustain their work.						
 B. The initiative's leaders have identified the types of financial resources necessary to sustain their work, such as: discrete sources of public funds (for example, one-time, ongoing); discrete sources of private funds; institutionalization within an ongoing system or process. 						
C. The initiative's leaders have identified and are pursuing ways to ensure the most efficient use of existing funds (for example, gaining economies of scale).						
D. The initiative's leaders have identified and are pursuing ways to support the redirection or reallocation of funds (for example, using funds freed up through improved outcomes to finance more prevention activities).						
E. The initiative's leaders have identified and are pursuing ways to increase the flexibility of existing funding streams (for example, through pooling funds across agency and program lines or improving coordination of existing funding streams).						

Rank your progress on each of these tasks according to a five-point scale that assesses whether the initiative's leaders:

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Broad-Based Community Support

The initiative's leaders take steps to involve the community in their work and gain community support	
based on the initiative's positive impact on families' lives.	

	1	2	3	4	5	Comments
A. The initiative has a plan to establish a desired identity and reputation within the community.						
B. The initiative's leaders involve recipients of their services in their work to improve service design and delivery and to build ownership and support.						
C. In addition to service recipients, the initiative's leaders involve a diverse set of stakeholders in their work (such as community-based organizations, government agencies, and private businesses) to improve service design and delivery and to build ownership and support.						
D. The initiative's leaders and community partners understand and communicate the work's value for families in its community.						
E. The initiative's leaders collect quantitative and qualitative data to show the value of their work for families.						
F. The initiative's leaders package those data in user-friendly formats and communicate them regularly to the community, key stakeholders, media, potential funders, and others.						
G. The initiative's leaders recognize and reward people who are instrumental in helping achieve sustainability for the work.						

Rank your progress on each of these tasks according to a five-point scale that assesses whether the initiative's leaders:



Key Champions

The initiative's leaders identify potential champions they need to approach on an individual level and are following a plan to do so. These champions include senior decision makers, local community representatives and peer initiatives, and individuals. The initiative's leaders also pursue ways to communicate with stakeholders in a more general (less labor-intensive) fashion.

	1	2	3	4	5	Comments
A. The initiative's leaders have identified key senior decision makers at the community and						
state levels who can influence its sustainability.						
B. The initiative's leaders have designed and						
implemented a plan for tailored outreach to						
these key decision makers (including appropriate messengers and messages).						
appropriate messengers and messages).						
C. The initiative's leaders have also developed other, less labor-intensive ways to contact and keep other potential champions informed (for example, sending them newsletters, inviting them to initiative events).						
D. The initiative's leaders use a variety of						
strategies to encourage parent champions,						
such as strongly involving parents in its work.						
E. The initiative's leaders have and use a variety of strategies to encourage peer community champions, such as collaborating with other organizations (for example, public and nonprofit service providers) in service planning, delivery, and financing.						

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Rank your progress on each of these tasks according to a five-point scale that assesses whether the initiative's leaders:

Adaptability to Changing Conditions

The initiative's leaders seek new opportunities for resource development and support and are able to respond to new opportunities (for example, welfare reform, newly elected or appointed leaders) as they arise.

	1	2	3	4	5	Comments
A. The initiative's leaders monitor changes in the policy and program environment to see how their initiative could fit with new directives and agendas.						
B. The initiative's leaders consider how its work can be framed or positioned to interest different funders and to take advantage of new financing opportunities.						
C. The initiative's leaders use this information to approach new funders.						
D. The initiative's leaders have identified opportunities to participate in efforts to improve the overall policy and program environment (for example, standing advisory groups, opportunities to develop or comment on state plans for expending federal funds).						
E. The initiative's leaders actively participate in decision-making processes about changes in policy and practice.						
F. The initiative's leaders have determined how they can improve their ability to participate in these efforts (for example, by establishing their credibility as technical experts, community representatives, or controllers of resources), and have followed through to increase the likelihood of being able to participate.						

Rank your progress on each of these tasks according to a five-point scale that assesses whether the initiative's leaders:

1 = Have not started this task
 2 = Have started initial conceptual and planning work
 3 = Have begun to implement this task
 4 = Have made solid progress in implementing this task
 5 = Have made sufficient progress in completing this task

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Strong Internal Systems

The initiative has strong internal processes that ensure a vibrant, durable, and continuously improving initiative.

Initiative.						
	1	2	3	4	5	Comments
A. The initiative has a well-defined team of staff, advisory or governance group members, volunteers, and others that it needs to accomplish its mission.						
B. The initiative's leaders and others						
understand and accept their roles and responsibilities.						
C. The initiative has strong fiscal processes						
that allow leaders to stay informed on its current						
financial status and to be alerted to emerging						
financing concerns.						
D. Staff and board develop and review						
projections for short- and long-term revenues						
and expenses.						
E. Staff and board develop financing strategies						
to meet those needs; staff and board review						
and change financial strategies as needed.						
F. The initiative has strong internal systems (for						
example, accounting, auditing, management						
information, procurement, personnel) to						
maintain quality control over its work.						
G. The initiative has strong communication						
processes to ensure that all partners are kept						
informed.						



Rank your progress on each of these tasks according to a five-point scale that assesses whether the initiative's leaders:

Marketing and Communications

The initiative has a marketing and communications strategy that ensures the message is consistent and accurate to achieve the end result.

	1	2	3	4	5	Comments
A. The initiative's leaders have clear and						
defined marketing/communications goals for						
what they want to accomplish.						
B. The initiative's leaders have created a clear						
and concise message that supports the vision.						
C. The initiative's leaders understand how its						
work can be branded or positioned by using						
various media vehicles to attract new funders						
and partners.						
D. The initiative's leaders have a process to						
reassess and adjust their marketing and						
communications plan periodically based on						
tracking and feedback.						
E. The initiative's leaders have provided						
training to its staff on message unification to						
further merge the program message in public						
awareness.						

Rank your progress on each of these tasks according to a five-point scale that assesses whether the initiative's leaders:



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Sustainability Plan

The initiative has a sustainability plan that enables it to set priorities and take action.								
	1	2	3	4	5	Comments		
A. The initiative's leaders have a long-term plan for what they want to accomplish.								
B. The initiative's leaders have identified challenges or obstacles to sustaining the initiative, including potential conflicts with alternative initiatives or agendas.								
C. The initiative's leaders have developed strategies to garner needed resources and overcome identified barriers.								
D. The initiative's leaders have a process to reassess and adjust their plan periodically.								
E. The initiative's leaders have identified and communicated with other individuals who have a role in the sustainability plan.								

Rank your progress on each of these tasks according to a five-point scale that assesses whether the initiative's leaders:

III. Action Plans for Priority Elements

B. Current Strengths and Needs (This section is part of the workbook deliverable)

INSTRUCTIONS:

Please complete the Finance Project's Self-Assessment Tool (III-A) Review the results from the Self-Assessment Tool to support completion of section below. Using your data from the Self-Assessment Tool, please describe/highlight areas of strength and areas of need for each of the sustainability elements.

Please refer to the "key elements" document and discussions you may have had with those responsible for the sustainability plan.

Vision Defining goals & understanding your niche	 Text Text Text Text 	
Results Orientation Evaluating outcomes and demonstrating effectiveness	 Text Text Text Text 	

Strategic Financing Orientation

Using current funds efficiently and identifying new funding sources. (Appendix A)

Broad Based Community Support Communicating

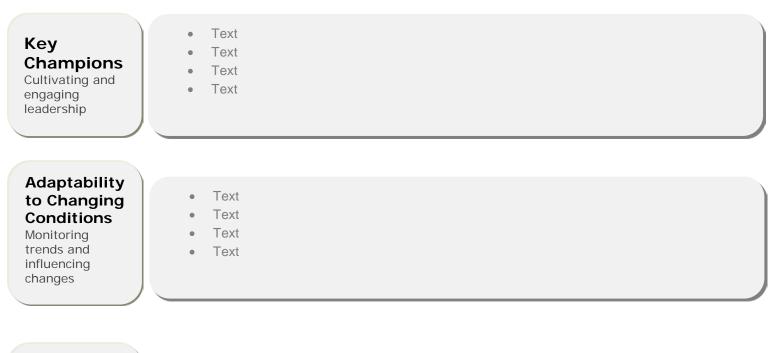
& collaborating with a range of stakeholders

•	Text

- Text
- Text
- Text
- Text
 - Text
- Text
- Text

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Strong Internal Systems Ensuring efficiency and accountability through effective management	 Text Text Text
Marketing &	

Communications
Creating a
written plan to
manage and
market your
work

- Text
 - Text
 - Text
 - Text

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Action Plans for Priority Elements continued

INSTRUCTIONS: Based on those areas of improvement identified in section III-B, choose 2-3 priority elements to work on. *Please copy this template for additional priority elements.*

C. Priority Elements: (check 1 per template)

□ Vision
 □ Results Orientation
 □ Strategic Financing Orientation (Appendix A)
 □ Broad Based Community Support
 □ Key Champions
 □ Adaptability to Changing
 Environments
 □ Strong Internal Systems
 □ Marketing and Communications

Rationale: Which task within this element (refer to self-assessment tool) will you focus on and why?

Action Steps	Responsibility – By Whom?	Time Frame – By when will it be done?	Resource – Who or what is being used?	know if you're
				successful?

D. Plan for Follow-up How do you plan to monitor your progress on sustainability moving forward? Who is responsible for evaluating and documenting progress? When will you assess your progress? When will you set new milestones?

E. Sustainability Plan Follow-up

Date:

Progress Made:

Challenges Encountered:

Next Steps:

IV. References

- 1. The Finance Project. *Sustainability Planning Workbook*. Washington, DC: The Finance Project Publisher, 2003
- 2. Center for Public Health Systems Science (2012). *Sustainability and Assessment Tool.* Washington University in St. Louis: George Warren Brown, School of Social Work. <u>http://cphss.wustl.edu/Projects/Pages/Sustainability-Framework-and-Assessment-Tool.aspx</u>

V. Appendices

2015 Funding Sources and Financing Strategies Worksheet. (sample on following page)

Appendix A: 2013 Funding Sources and Financing Strategies Worksheet

Funding Source- Expense/Revenue	Summer Funding			
	2015	2016	2017	2018
Projected Expenses				
Committed Revenues				
Total Committed Revenues				
FUNDING GAP				
Prospective Revenues				
Total Prospective Revenues				
REMAINING GAP, if any				

Appendix A- Sample: Funding Sources and Financing Strategies Worksheet				
Funding Source	Summer Funding			
	2014	2015	2016	2017
Projected Expenses	200,000	250,000	250,000	250,000
Committed Revenues				
Packard Foundation	110,000	75,000	50,000	-
Sierra Health Foundation	30,000	30,000		
Supplemental	60,000	60,000	60,000	
Total Committed Revenues	200,000	165,000	110,000	-
FUNDING GAP	-	85,000	140,000	250,000
Prospective Revenues				
District general fund		50,000	100,000	150,000
Kaiser Foundation		35,000	35,000	
Supplemental				60,000
The California Endowment				35,000
Parent suggested donations			5,000	5,000
Total Prospective Revenues	-	85,000	140,000	250,000
REMAINING GAP, if any	_	-	-	-

Appendix B			
Sustainability Elements	Supporting Tools (Found in the Finance Project Toolkit)		
Vision	Module I Sustainability Self-Assessment Tool (p.14) Worksheet I – Self-Assessment Summary (p. 24) Module II Worksheet I – Self-Assessment Summary (p. 5) Worksheet 2 – Clarifying Vision and Desired Results (p. 13) Your Logic Model (p. 41)		
Results Orientation	Module II Worksheet I – Self-Assessment Summary (p. 5) Worksheet 3 – Identifying Conditions and Causes (p. 15) Worksheet 4 – Prioritizing Existing Strategies and Activities (P. 19) Worksheet 5 – Considering New Strategies and Activities (p. 21) Worksheet 6 – What Do You Want to Sustain? (p. 23) Worksheet 7 – Identifying Measures of Effect (p. 27) Worksheet 8 – Prioritizing Measures of Effect (p. 28) Worksheet 9 – Identifying Measures of Effect (p. 30) Worksheet 10 – Prioritizing Measures of Effect (p. 32) Worksheet 11 – Identifying Indicators (p. 36) Your Logic Model (p. 41)		
Strategic Financing Orientation	Module III Worksheet I – Self-Assessment Summary (p. 5) Worksheet 2 – Financing for What? (p. 7) Worksheet 3 – How Much Do You Need? (p. 10) Worksheet 4 – Identifying Current Resources (p. 11) Worksheet 5 – Assess Your Funding Gaps (p. 13) Worksheet 6 – Evaluate Potential Funding Sources and Financing Strategies (p. 16)		
Broad-based Community Support	Module IV Worksheet 4 – Self-Assessment Summary (p. 12) Worksheet 5 – Community Engagement Strategies (p. 14) Worksheet 10 – Prioritize Strategies Related to Community Support and Org. Capacity (p. 22)		
Key Champions	Module IV Worksheet 6 – Self-Assessment Summary (p. 15) Worksheet 7 – Strategies for Cultivating Key Champions (p. 17)		
Adaptability to Changing Conditions	Module IV Worksheet I – Environmental Scan (p. 7) Worksheet 2 – Self-Assessment Summary (p. 9) Worksheet 3 – Strategies Related to Adaptability to Changing Conditions (p. 10)		
Strong Internal Systems	Module IV Worksheet 8 – Self-Assessment Summary (p. 19) Worksheet 9 – Strategies for Strengthening Internal Systems (p. 20) Worksheet 10 – Prioritize Strategies Related to Community Support and Org. Capacity (p. 22)		

Marketing and	Module I			
-	Worksheet 1 – Self-Assessment Summary (p. 24-26)			
Communications	Module II			
	Worksheet 3 – Identifying Conditions and Causes (p. 15)			
	Worksheet 19 – Prioritizing Existing Strategies and Activities (p. 19)			
	Module III			
	Worksheet 6 – Evaluate Potential Funding Sources and Financing Strategies (p. 16)			
	Module IV			
	Worksheet 1 – Environmental Scan (p. 7)			
	Worksheet 4 – Self-Assessment Summary, Broad Based Community Support (p. 12)			
	Worksheet 9 – Strategies for Strengthening Internal Systems (p. 20)			
	Module IV			
	Executive Summary Sample (24)			
Sustainability	Module V			
•	p. 4: Worksheet I – Priority Strategies and Milestones			
Plan	p. 6: Worksheet 2 – Year I Workplan			