



Darlene A. Hall, Ph.D.

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The fourth of five children raised in a low-income household by a single mother in a predominantly Black neighborhood in Sacramento, CA., Darlene is a Black lesbian Psychologist with strong social justice values and 25 years experience in the nonprofit sector as a direct service provider (psychotherapy and case management), senior administrator, internship coordinator, funder, and consultant. She has provided mental health services to diverse, underserved, and disenfranchised communities, including low-income, people of color, women, LGBTQ, children and youth, people who are homeless (and combinations therein) in nonprofit, community mental health, and private practice settings. Darlene developed, coordinated, and taught in an internship program for undergraduate and graduate level counseling and social work students; provided clinical supervision for staff and interns; and taught at the graduate level. Other professional experience includes being a Program Officer in philanthropy, doing grantmaking in the areas of youth development, community health, gay/lesbian, families, community development, and hunger/homelessness. A graduate of the National Community Development Institute's Professional Development for Consultants leadership program, Darlene has been trained to provide culturally-based capacity building for social change. Currently, Darlene has a psychotherapy practice and consulting business, Intersections Consulting, providing consulting, training, technical assistance, facilitation, and coaching services in mental health, organizational development/capacity building, program evaluation, program planning, leadership development, youth development, fundraising, power/privilege and diversity, and sports/athletics and health. In both her psychotherapy practice and consulting business, the experience and effects of trauma are addressed. In her psychotherapy practice, Darlene works with clients to identify and understand the impact of trauma in their lives and support their development of healthy coping skills to move through and heal from trauma. In her consulting business, Darlene's trauma work with community based leaders and programs has lead her to create her own theory and practice model for Trauma Informed Youth Development. Specific work includes 1) providing workshops and trainings on an expanded framework of trauma (PTSD, complex, intergenerational, sociocultural, multiple losses, secondary) at conferences, 2) facilitating trauma process groups for staff to work through primary and secondary trauma, 3) supporting staff efforts to develop and maintain self-care and organizational-care practices to reduce secondary trauma, 4) providing technical assistance and coaching for afterschool providers in the implementation of her model, and 5) educating funders on the impact of trauma on their funding practices and expectations. To maintain inner peace and balance, Darlene runs, plays volleyball, reads, writes, enjoys Star Trek and other sci fi, musicals, volunteers in her various communities, and spends time with people who make her laugh. 😊